

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Alternate Lunch available everyday: PBJ, Ham or Turkey Sandwich w/Veggies, Fruit & Milk of the day. Any questions may be directed to sbushey@thesetonschools.org		<i>½ Cup Raw baby carrots offered everyday as vegetable substitute.</i>		<i>Milk included with all lunches. Choice of FF Chocolate, FF White or 1% White.</i>	Student Lunch \$2.75 Adult Lunch \$4.00
	1 <i>Happy New Year!</i>	2 Shepard's Pie WW Roll Vegetarian Beans Fresh Fruit	3 WG Pasta W/Meat Sauce Toss Salad WW Roll Pears	4 WG Grilled Cheese Sandwich Vegetable Beef Soup Veggie Sticks Peaches	5 Teriyaki Chicken WG Rice Broccoli Oatmeal Raisin Cookie Fresh Fruit	6 <i>Extra milks \$.75 Each!</i>
7	8 Breakfast for Lunch Bagel Ham-egg-Cheese Hash Browns Fresh Fruit	9 Open Face Hot Turkey Sandwich/Gravy Green Beans Applesauce	10 Chicken Fajita Wraps WG Rice Broccoli Fresh Fruit	11 Baked Chicken Mash Potatoes Baked Beans WW Roll Mix Fruit	12 Sloppy Joe on a WW Roll Mac-n-Cheese Corn Fresh Fruit	13 <i>*High School Only. Different size portions required.</i>
14 <i>WG= whole grain WW= whole wheat FF= fat free RF= reduced fat</i>	15 <i>No School!</i>	16 Chicken Nuggets Buttered Noodles WW Roll* Broccoli Fresh Fruit	17 WG Pasta W/Meat Sauce Toss Salad WW Roll Applesauce	18 Grilled Cheese Sandwich Chicken Noodle Soup Veggie Sticks Pears	19 Crisпитos WG Rice Baked Beans Oatmeal Raisin Cookie Fresh Fruit	20
21	22 Soft Taco w/Meat, cheese, lettuce & tomato WG Rice Broccoli Fresh Fruit	23 Meatballs & Mozzarella On a WW Roll Toss Salad Peaches	24 Cheeseburger On a WW Roll Baked Tator Tots Baked Beans Fresh Fruit	25 Chili Con Carne WG Rice Corn WG Roll Mix Fruit	26 WG Pepperoni or Cheese Pizza Toss Salad Oatmeal Raisin Cookie Fresh Fruit	27 <i>This institution is an equal opportunity provider and employer.</i>
28	29 Baked Chicken Mash Potatoes Carrots WW Roll Fresh Fruit	30 Chicken Fajita Wraps WG Rice Broccoli Applesauce	31 WG Pasta W/Meat Sauce Toss Salad WW Roll Fresh Fruit		<i>Menu subject to change without notice!</i>	